



Tommy Toothbrush Study Guide

Teachers,

To make your Tommy Toothbrush appearance even better for your children, please use this study guide prior to Tommy's visit.

Topics Tommy will talk about:

Brushing--

- a. Why do we brush our teeth?
- b. When do we brush our teeth?

Eating Good Foods

- a. Why should we eat good foods?
- b. Discuss the four food groups

Going to the Dentist

- a. The dentist is your friend
- b. What happens at the dental office?

Using Dental Floss

- a. What is floss?
- b. Floss helps keep away plaque--what is plaque?